

ADS SERVICE LOCATIONS

MANHATTAN

Betty Pendler New York League
200 Varick Street
New York, NY 10014
212.803.7344/55

AHRC William Street
156 William Street
New York, NY 10038
212.513.7489

Paula and Anthony Fisher Center
2080 Lexington Ave.
New York, NY 10035
212.987.4160

Individualized Services and
Enhanced Supported Work
83 Maiden Lane
New York, NY 10038
212.780.2558

QUEENS

Cyril Weinberg Center
32-03 39th Ave.
Long Island City, NY 11101
718.729.0808

Joseph T. Weingold Center
38-18 Woodside Ave.
Woodside, NY 11104
718.639.1200

Far Rockaway Center
23-55 Healy Ave.
Far Rockaway, NY 11691
718.327.2809

STATEN ISLAND

Melissa Riggio Higher
Education Program at
The College of Staten Island
2800 Victory Blvd
Building 2A, Room 203
Staten Island, NY 10314
718.982.2083

BROOKLYN

Brooklyn Day Habilitation
275 Livingston Street
Brooklyn, NY 11217
718.643.2566

Dean O'Hare Center
113 Water Street
Brooklyn, NY 11201
718.237.4587/88

Bush Terminal Work
Center/Pre-Voc
55 33rd Street
Brooklyn, NY 11232
718.832.2309

Bush Terminal Day Habilitation
551 2nd Ave.
Brooklyn, NY 11232
718.832.2309

Stephen B. Siegel
2615 East 17th Street
Brooklyn, NY 11235
347.875.4880

Sobriety Services
551 2nd Ave.
Brooklyn, NY 11232
718.832.2309

Traumatic Brain Injury
Services
551 2nd Ave.
Brooklyn, NY 11232
718.832.2309

Melissa Riggio Higher
Education Program at
Kingsborough Community
College
2001 Oriental Avenue
Building T7 Room 7108
Brooklyn, NY 11235
718.368.4596

BRONX

William F. May Center
Mayflower
1952-74 Mayflower Ave.
Bronx, NY 10461
718.792.9810

Bronx Day Hab
1500 Pelham Pkwy South
Bronx, NY 10461
718.597.3400

Dorothy and Michael
Styler Center
4377 Bronx Blvd.
Bronx, NY 10466
718.944.6060

Bronx TBI
4377 Bronx Blvd.
Bronx, NY 10466
718.944.5092

DEVELOPING ABILITY THROUGH OPPORTUNITY



Painting by Arthur Fairchild

Adult Day Services ahrc new york city

www.ahrcnyc.org

ADULT DAY SERVICES

The focus of **Adult Day Services** is to support people with intellectual and other developmental disabilities, traumatic brain injury, and autism spectrum disorders in overcoming the challenges they face in an effort to live a self determined and meaningful life in the community.

Using a person centered framework we support people to contribute, participate, and become valued community members by:

- Sharing the ordinary places in their local communities at the same time and in the same ways as others.
- Developing a wide range of relationships with people in their support networks.
- Making contributions to their communities and assuming valued roles.

**WORKING TOGETHER WITH
AHRC NEW YORK CITY
EVERYONE HAS AN OPPORTUNITY TO:**

opportunity

- Grow as individuals, gain respect for others, and increase civic participation.
- Gain a deeper understanding of themselves, their community, and society.



If you are interested in applying to Adult Day Services contact the Central Intake Unit
212.780.4491/4493

For additional information contact:

AHRC New York City
83 Maiden Lane
New York, NY 10038
212.780.2500
www.ahrcnyc.org

HABILITATION AND TRAINING

All activities and opportunities offered in our programs are designed to develop or maintain skills in the following areas:

- Communication and language development
- Social relationships
- Health and safety skills
- Personal care
- Money management

Individualized Service (Day Habilitation Without Walls)

Individualized service follows a person centered plan as developed with the individual as the primary participant, the family and a team of professionals. Activities and services emphasize those outcomes a person has chosen. Service begins from the person's home and continues through the day. The individuality of each experience is supported by a staff member who is dedicated to the path which leads to the attainment of each outcome.

Higher Education

Day Habilitation

The Melissa Riggio Higher Education Program at Kingsborough Community College (KCC) and College of Staten Island (CSI) are college based programs designed to prepare people with intellectual and other developmental disabilities for adult life through higher education coursework, career exploration and preparation, self awareness and socialization. Both programs engage students in supporting individual academic, vocational, community and social experiences. These students have the same opportunities for social and personal growth as other young adults who attend college.

BECOMING A MEMBER OF THE COMMUNITY

Strengthening community relationships is important. Becoming a member of the community is enriching for everyone.

In support of expanding community relationships, the following illustrate some of the opportunities in which each individual may participate:

- Performing monthly mailings for the Alliance for the Mentally Ill (NAMI) *Member*
- Creating AIDS pins for the Ubuntu Educational Fund
- Making food packages for the Yorkville Community Pantry
- Watering plants, weeding and maintaining plant beds at the NY Restoration Project
- Packaging food with the Momentum Project for people with HIV/AIDS
- Sorting, tagging and labeling shoes, clothes and accessories for Housing Works warehouse
- Shopping for elderly people who are homebound
- Creating care packages for the troops in Iraq

BUILDING CONNECTIONS WITH NEIGHBORHOODS

People become neighbors when they share the same places at the same time. As neighbors we:

- Shop at local supermarkets
- Patronize local restaurants *Community*
- Make purchases in neighborhood shops
- Visit museums and use local libraries
- Attend spectator events
- Buy memberships in local gyms and pools
- Join community advocacy organizations
- Join hands with neighbors in keeping the neighborhood safe, clean and accessible to everyone

LIFE ENHANCING EXPERIENCES

We offer life enhancing experiences through which individuals can choose to express themselves:

- **Film Making:** Includes script writing, acting, courses in using the camera, editing
- **Creative arts:** Paintings, mosaics, jewelry, sculpture, weaving. Items are put on view at local libraries, community galleries, and special events
- **Photography:** Learning to use a Digital Camera to capture beauty, history, friendship and success. Photographs displayed in Hospitals around the world through Healing Works
- **Music:** Musicians play with members of the Carnegie Hall music project
- **Culinary Arts:** Courses taken at Kingsborough College and the Culinary Institute of New York
- **Martial Arts and Meditation**

TRAVEL TRAINING

“Getting from here to there is essential for a productive and independent life”

Training in travel skills is offered to each person in Day Services.

- Pedestrian skills
- Appropriate social behavior in the community
- Safety skills
- Problem solving
- Direct route training to and from a designated location

VOCATIONAL SERVICES

Opportunities to prepare for work are provided through a variety of activities:

- Cafeteria services
- Janitorial and cleaning services
- Toner cartridge remanufacturing
- Packaging and assembly

Supported Employment

All activities and opportunities in the area of Vocational Services support people in achieving their vocational dreams and establishing their place in the community.

Enhanced Supported Employment (E-SEMP)

Enhanced supported employment services are designed to allow individuals to work toward their work goals. Unlike regular supported work, enhanced supported employment is designed to allow flexibility in development of the individual employment outcomes.

Time and duration of staff support is also flexible allowing for people who may need to overcome specific obstacles such as building social relationships in a work setting, learning productive standards of a job, building self determination, self direction and building of self esteem to reach employment outcomes. The goal of the program is to assist in identifying and securing work opportunities for each person.

SERVICE LEARNING PARTNERSHIPS

Service Learning, used by universities and colleges, integrates meaningful community service with instruction and reflection to enrich the learning experience, teach civic responsibility, and build strong partnerships with community-based organizations.

Partnerships

SERVICE LEARNING COLLABORATIONS IN DAY SERVICES

- Columbia University School of Engineering, Project: Designing an accessible garden
- Teachers College, Columbia University, Project: Producing a training video of the “ESCAPE” curriculum for prevention of abuse and domestic violence.
- Pace University: Seidenberg School of Computer Science and Information Systems Service Learning Projects have included: Creating a Website for Curriculum and Reference to be used by employee’s of AHRC. Teaching individuals Power Point to design life histories, creating oral histories via computer technology.

COMMUNICATION: BREAKING FREE FROM ISOLATION

Communication is an act by which one person gives or receives information about another person’s needs, desires, perceptions and feelings. It allows us to experience a sense of belonging and participate in social activities. It is often regarded as representing the essence of life.

In Day Service we believe that every person can communicate. As a demonstration of this commitment we support communication in many ways.

We use community based experience to provide development of common vocabulary, building stronger bonds and relationships with community members.

We use augmentative and assistive technological supports to overcome communication challenges. Some examples of this support are:

- Sign Language
- Augmentative Communication Picture Boards, picture books and picture cues
- Communication builder voice activated picture based communication systems
- Dynovox programmed speaking machine
- ICHAT III
- MiniMo
- V Max

COMMUNICATION

Each communication support device whether pictorial or mechanical provides an avenue for dialogue, human connection and a voice for expression.

TECHNOLOGY AS PART OF EVERYDAY LIFE

In Adult Day Services we use assistive technology as a way of supporting each person to be free to move about their environment. The world today is technology dependent. Computer systems are relied on for everything from ATM Metro Cards to medical diagnostic equipment. We provide access to:

- **Computers** equipped with operating systems that run on pictures instead of text, making the computer more accessible than ever to non-readers. Internet access for people to explore or surf the World Wide Web, e-mail accounts to communicate, and special accommodation hardware such as touch screens, single switch mouse, head touch wands, etc. Computer programs such as PowerPoint are used to write social stories and life stories and can be used to develop a visual schedule for anyone who may benefit.
- **GPS (Global Positioning Systems)** as means of support during the travel training process. These systems substantially reduce the risk involved during those first critical months of independent travel.

Technology

Personal Digitized Assistants (PDA) based on a particular disability that can offer varying degrees of accessibility for people with differing abilities. Universal design principles often used for people with disabilities are relevant to PDAs as well as other technology, and a viable solution for many user-access issues. PDAs address memory issues and aid a person with daily life organization by providing reminders.

Smart Boards are white boards used to share information. They are interactive and can manage information for a group.

- **Wii systems** visually stimulate activities allowing each person to experience events through interaction with a computer (examples are playing tennis or baseball) while also reinforcing and teaching eye-hand coordination and spatial relationships.
- **Exercise equipment** attached to computer screens, that motivate users by simulating motion, for example a rowing machine attached to a computer which indicates that the user needs to row more quickly in order to avoid an obstacle.

Technology is also used to support sensory integration needs that individuals may have.

The **Snoezelen Rooms** are used to stimulate people who require sensory input and sooth people who have over stimulated sensory systems.