

## Mission

AHRC New York City, a family governed organization, is dedicated to enhancing the lives of individuals with intellectual and developmental disabilities and their families.

Each member of the organization is committed to promoting a culture that embraces these values:

### Passion

Committing whole-heartedly to the mission of the agency.

### Respect

Responding to all members of the AHRC community with courtesy, kindness and open and honest communication.

### Integrity

Making decisions based on fairness, honesty, morality and ethical principles.

### Diversity

Respecting and appreciating the differences found among individuals with intellectual and developmental disabilities, their families and our colleagues.

### Excellence

Providing an environment in which distinction and merit are affirmed, celebrated and enhanced.

**AHRC**  
new york city

For further information contact

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**AHRC**  
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Providing opportunities to individuals with intellectual and developmental disabilities, and their families.



Every year throughout the five boroughs, AHRC New York City provides opportunities to more than 13,000 individuals with intellectual and developmental disabilities of all ages and their families. The aim of AHRC's work has been to offer individuals day-to-day living that is as rich, absorbing and rewarding as possible.

From the beginning, AHRC—the organization that created the first schools, adult programs and community residences—has earned the reputation of being a leader in the field.

Impelled by a mission, AHRC New York City continues to adapt to the needs of the city, the changing needs of individuals with intellectual and developmental disabilities, and new models of service delivery.

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AHRC offers a wide array of programs, services and supports in the community from which individuals and families may choose according to their specific needs:

### Programs, Services and Supports

**For infants, toddlers and children, services include:**

- Educational evaluations
- Referral to programs
- Early intervention
- Preschools for children with developmental delays
- Head Start classes
- Inclusive programs where children with delays learn alongside their non-disabled peers
- Autism-specialized continuum of services for children from early intervention through high school
- Speech, physical and occupational therapies

- Psychological counseling
- Educational advocacy to ensure children receive the services to which they are entitled

**For young adults and adults, services include:**

Opportunities with varying degrees of structure and support, where adults can engage in activities that will enhance their skills of daily living, provide them with work for pay in a supervised environment, assist them in finding competitive employment and provide them with the supports and assistance for community exploration that interests them

- Supported employment
- Traumatic brain injury—specialized services
- Alcohol and substance abuse treatment services
- Residential opportunities in group homes, supervised apartments and other settings
- Residential services for individuals in need of full-time nursing

**For individuals of all ages, and their families, services include:**

- Day camp, sleep-away camp and recreation programs
- Primary medical care and referrals to specialty care
- Developmental evaluations
- Rehabilitation services
- Case management and service coordination
- Psychological counseling and mental health services
- Home Care
- Respite services to provide a break from the job of caretaking for families
- Sibling services for children who have sisters and brothers with disabilities
- Legal services including guardianship, future planning, and information on entitlements
- Family education
- Information and referral services



### What makes AHRC special?

AHRC was founded in 1949 by a small group of parents seeking assistance for their children who were then considered ineducable. Today, with a membership in the thousands – primarily individuals with intellectual and developmental disabilities, their families, friends and professionals in the field – AHRC is one of the largest non-profit agencies in New York City. It is run by a Board of Directors that according to its by-laws must comprise a majority of parents and other family members of persons with intellectual and developmental disabilities, working in concert with consummate professionals. Those who use AHRC services participate in all decision making, services are tailored to meet individual aspirations and quality assurance is built into the organization.

The vivid memory of that time, not too long ago, when individuals with intellectual and developmental disabilities were marginalized and segregated outside the community, has been an underlying force propelling AHRC to advocate for the rights of individuals with disabilities, to change legislation and public policy, to develop programs for people who are under-served, and to promote ways of delivering services that respect the rights of individuals with disabilities to control their lives and make meaningful choices.



The aim of AHRC's work has been to offer individuals day-to-day living that is as rich, absorbing and rewarding as possible.

