

AHRC New York City's Family Education Series



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Michael Goldfarb, *Executive Director*
Arlene Pedone, *President*

F R E E W o r k s h o p s

Tuesday, June 15, 2010 - 6pm-8pm
AT AHRC WE TAKE FUN SERIOUSLY!

AHRC Main Office - Penthouse
83 Maiden Lane New York, NY 10038

Presented by: **Courtney Sweeting**, Assistant Director, AHRC Camping & Recreation

As summer approaches, everyone has more time for leisure activities. Finding appropriate recreational activities for your family member with a developmental disability can often present challenges. For people with developmental disabilities recreational and leisure activities offer relaxation and enjoyable ways to build independence, learn new skills, and socialize. These activities can also allow caregivers to get a break from daily responsibilities. Join AHRC as we discuss the types of leisure and recreational activities that may be available for your family member with developmental disabilities from the age of six through the senior years.

Thursday, June 17, 2010 - 6pm-8pm
DEALING WITH CHALLENGING BEHAVIORS

AHRC Main Office - Penthouse
83 Maiden Lane New York, NY 10038

Presented by: **Louise Marchini**, Clinical Supervisor, AHRC Department of Education Services

Challenging behaviors, like all behaviors, serve a purpose or function for individuals with developmental disabilities. Effective interventions cannot be developed without first identifying the underlying motivation of these behaviors. Join Louise Marchini who will provide some insight into possible functions of challenging behaviors and who will discuss effective interventions to change difficult behaviors.

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Registration form for Leisure Activities and Challenging Behaviors Workshops (please print clearly)

I am an AHRC Member

I am not an AHRC Member

Name: _____

Address: _____

Telephone: _____

Email Address: _____

Please tell us the age of your loved one with a developmental disability: _____

How did you hear about this workshop? _____

- Please register me for both the Leisure Activities & Challenging Behaviors Sessions
- Please register me for the Leisure Activities Workshop on 6/15/10
- Please register me for the Challenging Behaviors Workshop on 6/17/10

Space is limited, if you would like to attend please return this form to Jennifer Amendola or Donna Gifford at AHRC 83 Maiden Lane New York, NY 10038. You may also reach Jennifer at 212/895-3446, or Donna at 212/780-2713, email jennifer.amendola@ahrcnyc.org or donna.gifford@ahrcnyc.org or fax this form to 212/780-2353.