

**Eligibility**

Camp Anne is open to persons with moderate, severe or profound mental retardation, from the age of five through adulthood. There are a limited number of openings for individuals who are non-ambulatory or semi-ambulatory, special diets are available as needed. A small number of campers who require one-to-one supervision for self-help needs or minor behavior problems are accepted.

Harriman Lodge serves adults, 18 and over, with mild or moderate mental retardation, who show independence in the areas of daily living. There are a limited number of openings for individuals who are non-ambulatory or semi-ambulatory. Accommodations are also available for married couples.

All Camp Anne and Harriman Lodge applicants are screened on a first come, first served basis. Applicants are required to have a recent physical examination prior to admission into a program. Twenty-four hour a day nursing services and a physician on-call is provided at both programs. Fees are calculated on a sliding scale. Camp Anne and Harriman Lodge are open to all without regard to race, religion, national origin, creed, age or ethnic background.

CAMP ANNE

Camp Anne and Harriman Lodge staff come from around the country, and around the world. They are selected based on their experience working with individuals with developmental disabilities, and their ability to relate to the needs of our program participants in a sensitive and responsible manner. All camp and recreation staff attend a full week of comprehensive orientation before the start of the first session and are provided with ongoing training.

Recreation Services applicants are screened and considered on a first come, first served basis. Applicants are required to have a yearly physical examination and PPD test, and proof of disability diagnosis. Fees start at \$15 per year. Recreation is open to all without regard to race, religion, national origin, creed, or ethnic background.

For applications or more information about Camp Anne, Harriman Lodge or the Recreation Program, call or write:

**AHRC**  
 Camping and Recreation Department  
 83 Maiden Lane  
 New York, NY 10038  
 email: [campahrc@ahrcnyc.org](mailto:campahrc@ahrcnyc.org)

Camp Anne: (212) 780-2526  
 Harriman Lodge: (212) 780-2527  
 Recreation: (212) 780-2581



AHRC New York City  
 83 Maiden Lane  
 New York, NY 10038  
[www.ahrcnyc.org](http://www.ahrcnyc.org)

Over 60 years of providing the best in programs, services and supports to people with developmental disabilities and their families.

AHRC  
 Camping &  
 Recreation Services

RECREATION  
 PROGRAMS



LODGE CAMP ANNE

Mary Anne Killeen  
 Director, Camping &  
 Recreation Services

Operated by AHRC  
 New York City



CAMP ANNE

### Camp Anne

Camp Anne offers a structured, yet relaxed, atmosphere for children and adults who function in the moderate, severe and profound ranges of mental retardation. Campers enjoy a traditional summer camp experience: arts, boating, cooking, crafts, dance, music, nature, sports, swimming—all under careful staff direction in a fun environment in the Berkshire region. Emphasis is on promoting independence in daily living skills, increasing communication, increasing self confidence and improving appropriate social interaction.

Camp Anne has seven cabins situated on 40 acres of fenced-in grounds. The ratio of camper to counselor is one to one, two to one, or at a maximum, three to one, depending on individual needs.

Camp Anne offers three two-week sessions for adults (ages 21-59), one two-week session for teenagers (ages 12-20), and one one-week for children (ages 5-11). Each session accommodates up to 100 campers. Chartered bus transportation is available at no extra cost to each participant.

For more information please call (212) 780-2526.

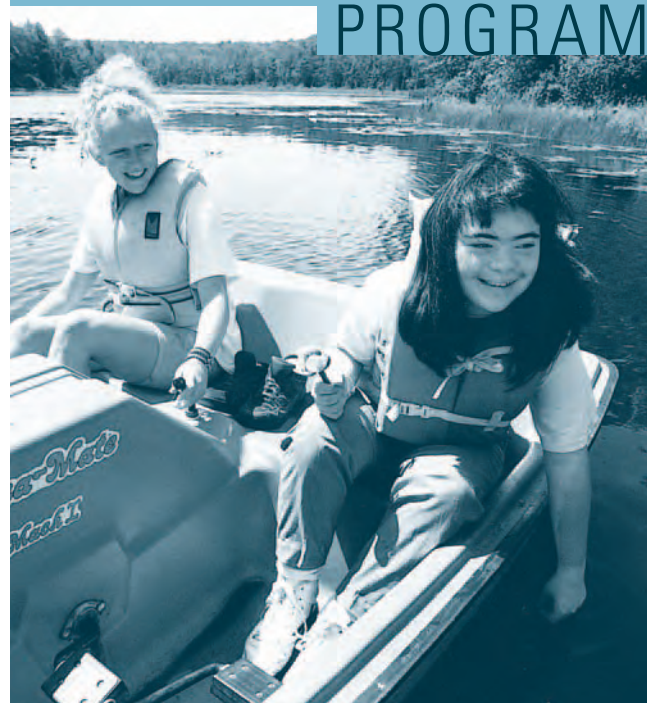
### Harriman Lodge

Harriman Lodge is an alternative to traditional summer recreation programs for adults with mild or moderate mental retardation. In a non-restrictive, yet supervised environment, guests are treated with respect, making their own decisions on how to spend their time. They are offered the opportunity to relax and enjoy a true vacation at a summer resort.

Harriman Lodge promotes the independent living skills of its guests. Each day, a variety of age-appropriate recreational and social activities are offered, including: arts and crafts, boating, cooking, dance, horseback riding, miniature golf, music, photography, sports or swimming. Evenings offer a variety of entertainment and social activities. Staff provide gentle guidance and direction within the framework of a relaxed vacation atmosphere in the Catskill Mountains.

Harriman Lodge is the only program of its kind in New York State. It offers five, two-week vacations, including one session for young adults (ages 18-29). Chartered bus transportation is available at no extra cost to each participant. Each session accommodates up to 70 guests, and the guest to staff ratio is three to one, sufficient to assure personal attention to each participant.

For more information please call (212) 780-2527.



PROGRAM

### Recreation Services

AHRC Recreation Programs offer a variety of challenging, exciting, educational, and creative socialization opportunities to individuals on evenings and/or weekends.



CAMP

RECREATION

AHRC Recreation Programs are offered in all five boroughs to ambulatory and non-ambulatory individuals living with a family member or guardian, in a residence or independently. Art, sports, acting, music, dance activities, trips and vacations are scheduled. Many activities allow for immediate entry and include transportation. They range from two hours to an entire weekend, and include day camps and/or sleep-away vacations. Costs for individuals are minimal. The ratio of staff to participant varies from activity to activity.

Recreation activities are a perfect way to meet new people and make new friends, increase and improve skills, try new activities and excel in some.

The following boroughs offer programs to the age groups listed:

- Manhattan – 5 and older
- Queens – 5 and older
- Staten Island – 3 and older
- Bronx – 5 and older
- Brooklyn – 5 and older

For more information please call (212) 780-2581.