

AHRC's Department
of Residential Services
212-780-2344



beautiful
well-run
environments

If your son or daughter, sister or brother, or individual is interested in placement in an ICF or IRA, or would like to try an out-of-home experience at one of our five Free Standing Respite Programs, please contact AHRC's Department of Residential Services for further information at, 212-780-2344.

AHRC
new york city

AHRC New York City
83 Maiden Lane
New York, NY 10038
www.ahrcnyc.org

Over 60 years of providing the best in programs, services and supports to people with developmental disabilities and their families.

Residential Services
AHRC New York City



IRA

free
standing
respite
services

ICF

Offering Residential Opportunities
to Individuals With Developmental
Disabilities for Over Thirty Years

AHRC
new york city

AHRC New York City has been operating residences for individuals with developmental disabilities since 1970, the year that AHRC's Fineson House opened. Fineson House was the first group home in New York State!

Since that time AHRC has continued to develop residential opportunities for individuals with developmental disabilities of all ages and functioning levels. AHRC residences throughout the five boroughs are currently "home" to hundreds of individuals. And based on the growing need, greater and greater numbers of "homes" are being developed.

AHRC residences are beautiful, well-run, safe environments.

Located in well-kept neighborhoods, each home is different as regards décor and has its own special quality reflecting the interests of its residents. All AHRC homes are well run with the safety and well being of its residents a priority. Coverage is available 24 hours a day, every day, to ensure that emergency situations are dealt with in an expeditious manner.

Communication with the family of each resident is clear, open, and prompt.

AHRC values the participation of our resident's relatives and friends. Together with family members, we plan for the future needs of the individuals we serve. Our philosophy is that of always putting the needs and choices of each resident first, making sure that family members and friends remain involved advocating, planning, and supporting future goals and aspirations.

AHRC programs provide person-centered support for positive change and personal improvement.

The AHRC Department of Residential Services supports individuals in a variety of settings. In all of these different settings, individuals strive to attain the joys of independence and growth with the assistance of professionally trained staff.

Our residences fall under three models:



The *Intermediate Care facility* (ICF) serves individuals with complex medical needs and challenging psycho-emotional needs.

The *Individualized Residential Alternatives* (IRA) were created to unbundle services in order to meet the specific needs of each individual in the residence. IRAs can take the form of anything from the traditional family style group home to supported apartments. On average, a group home serves 6-8 people, while an apartment serves 2-3 people.



Free Standing Respite Services are available for families with a developmentally disabled person still living at home — not in a residential placement. Respite houses are located in all five boroughs. Respite staff provides therapeutic and recreational activities and meets the unique needs of the guests who visit for anywhere from overnight to two weeks.



AHRC's diverse staff strives for service excellence and creativity. AHRC believes in providing its staff with continuous opportunities to learn and grow professionally.

To ensure the quality of its employees, all prospective residential staff go through an intense screening process. Once hired, all employees must pass a training program designed to assist them in addressing the unique needs of the residents with whom they will work in AHRC homes. This training goes above and beyond that traditionally given to human service workers.

Initial training includes information on human development, person centered planning, CPR, behavioral mental health, detecting signs and symptoms of illness and many other areas. For staff working with aging AHRC individuals, ongoing training includes information on aging, medical problems associated with aging, Alzheimer's disease, dementia, diabetic care, and other areas that become important as the individuals we serve change. Training is designed to prepare staff to work with individuals with developmental disabilities and mental health disorders, autism spectrum disorders and medically related health concerns — the population served in AHRC residences.

Handling someone's unique needs can be a challenging and rewarding opportunity. Staff work together as a team that includes direct care workers, managers, a house nurse, primary care physicians, and other professionals involved in an individual's care.

