



AHRC  
NEW YORK  
CITY WITH



P.R.I.D.E.

AHRC New York City, Annual Report for the Year Ending June 30, 2011



AHRC New York City, a family governed organization, is dedicated to enhancing the lives of individuals with intellectual and developmental disabilities and their families.

Each member of the organization is committed to promoting a culture that embraces P.R.I.D.E.

# ANNUAL REPORT FOR THE YEAR ENDING JUNE 30, 2011

## **AHRC NEW YORK CITY**

### **Sixty-three years of finding ability in disability**

The organization that created the first schools, workshops, day treatment programs and community residences, continues to meet the needs of the individuals served in its programs. We offer individuals with intellectual and developmental disabilities a menu of supports, programs, and services tailored to meet their specific wishes and needs.

For infants, toddlers and children, AHRC offers: evaluations to determine the nature of a child's delays; information and referral to programs; preschool programs for children with developmental delays; a specialized array of services for children with autism, (HOPE preschools, elementary and middle/high schools) that utilizes Applied Behavioral Analysis (ABA), TEAACH, as well as other specialized techniques; speech, physical and occupational therapies; psychological counseling; Head Start classes; inclusive programs where children with disabilities learn alongside their peers without disabilities; and educational advocacy to ensure that all school-age children with disabilities receive the services to which they are entitled by law.

For adults, AHRC offers: a variety of opportunities with varying degrees of structure and support, where adults—from young adults to

senior citizens—can engage in activities during the day that will enhance their skills of daily living, work for pay, volunteer in the community and provide them with supports necessary for community exploration; supported employment in AHRC-run businesses, as well as opportunities for competitive employment; specialized services for persons with traumatic brain injuries; alcohol and substance abuse treatment; training to prevent domestic violence; residential opportunities in group homes, supervised apartments and independent settings, and residential services for medically frail individuals and those requiring 24/7 nursing services.

For individuals of all ages, and their families, services include: day camp, sleep-away camp and recreation programs; clinical services such as evaluation and testing, speech, physical and occupational therapies; case management and service coordination; behavior management, counseling and mental health services; home care services; a variety of respite opportunities to give families a break from the job of caretaking; sibling services for typical children who have sisters and brothers with disabilities; legal services including guardianship, future planning and information regarding entitlements; family education; information and referral services.

# Laura J. Kennedy



## A MESSAGE FROM OUR PRESIDENT

Everything we do at AHRC New York City is driven by a set of fundamental values. These values are embedded into all the programs and services we have offered individuals with intellectual and other developmental disabilities and their families for almost 65 years. As our programs evolved and changed to meet the changing needs of the people we serve, our basic values have not. These values include: Passion, Respect, Integrity, Diversity, and Excellence—PRIDE! Families working in partnership with AHRC's staff, continually shape the menu of services available for those who need them with much PRIDE. Whether its preschool programs, respite and recreation, assistive technology, residential options, educational advocacy, sibling supports, guardianship, supportive employment, or clinical services, AHRC is an organization guided by families and self advocates with PRIDE. AHRC is always mindful of its mission, dedicated to enhancing the lives of individuals with intellectual and other developmental disabilities.

New York City is a wonderful myriad of cultures and diversity that make our lives fuller and provides a richer place to live. With that, we embrace those with disabilities for what they can do and for what they contribute to the communities in which they live. They make a difference! Thousands of individuals throughout New York City are part of the AHRC family, connecting generations since 1949 with high quality programs and services.

As our organization plans for the future, we will not lose sight of the guiding values and principles that have helped us to develop and maintain the high quality programs we take much PRIDE in today.



## **A MESSAGE FROM OUR INTERIM EXECUTIVE DIRECTOR**

I am very proud to be a member of the AHRC New York City family. This Annual Report focuses on AHRC's dedication to the mission and values embraced by the members of the AHRC community.

The commitment to the mission and values runs from the Board of Directors to the leadership of the organization and to the entire staff of AHRC. It is this commitment, along with a clear vision of how to make the world a better place for individuals with disabilities, that has kept AHRC strong for almost sixty-five years and will continue to keep us strong through the challenging times ahead. In the true AHRC tradition, we will transform the challenges into opportunities—opportunities that will best support the individuals with developmental disabilities we serve and their families. Because of our commitment, I am confident we will succeed with quality supports and services for all.

It is the struggle of families caring for their loved ones and the grace of individuals with developmental disabilities as they strive to live their lives, in spite of the obstacles they face every day, that has touched me deeply over the many years I have worked in this field. I share these same feelings with many members of the AHRC community.

Our staff, Board, individuals and families all share the passion, respect, integrity, diversity and excellence embraced in our mission. These common values keep us moving in the right direction, and help us as we work with the powers-that-be in government and the advocacy community to keep moving in the right direction with AHRC.

I trust you will find the contents of this Report informative and inspiring.

# AHRC PRESENTS IT'S MISSION WITH P.R.I.D.E.

AHRC New York City, a family governed organization, is dedicated to enhancing the lives of individuals with intellectual and developmental disabilities and their families.

Every member of the AHRC New York City community is committed to promoting a culture that embraces the values represented by the acronym PRIDE: Passion, Respect, Integrity, Diversity and Excellence. These values are at the core of the organization's existence.

## **PASSION** pas-sion

Defined in the dictionary as a deep, overwhelming emotion, a strong enthusiasm for an object or a concept—passion is everywhere at AHRC. Wherever one looks, one finds passion for the concept that people with intellectual disabilities are just like all other people and are deserving of a life that would be deemed “good enough” for anyone. Staff demonstrate a passion for helping others grow. Families are passionate about the well being of their loved ones with disabilities, and about the inherent responsibility government has to their children. And individuals supported by AHRC passionately let us know that they have a right to have a say in their lives.

**RESPECT** re-spect

The noun respect, is defined as an attitude of deference, admiration or esteem. The verb is defined as showing regard, displaying consideration or bestowing a sense of worth. At AHRC respect is paramount. The people we are committed to serve, their families, the individuals who have chosen to work here and all our partners in the community are highly respected and valued.

**INTEGRITY** in-teg-r-ity

At AHRC upholding integrity is a guiding principle in all actions, methods, measures, and outcomes. Integrity is defined as the steadfast adherence to a moral or ethical code. The word implies consistency, honesty, truthfulness and wholeness—all important ideals to live by.

**DIVERSITY** di-ver-si-ty

Embracing and including many different kinds of people in the “AHRC family” is part of the fabric of the organization. Comprised of individuals with roots in every continent on the globe, the different orientations, religions, races, countries of origin and cultures work together to create a collage of people, that is far more beautiful than the sum of its parts.

**EXCELLENCE** ex-cel-lence

Engendering excellence is one of the organizing principles guiding AHRC’s evolution. AHRC is preeminent in the field of intellectual disabilities. The organization is constantly striving to provide the best in programs, services and supports to individuals with intellectual disabilities and their families.

These values are manifested in a multitude of ways throughout the organization. On the pages that follow, you will find five highlighted programs that exemplify these values.

P



Jack Fisher



# PASSION:

## Preschools

**Jack Fisher** learned to walk and talk this year at Esther Ashkenas (Central Park) Early Learning Center. First, he started using a walker with assistance, later he began walking independently using the walker.

Now he zips around with his walker taking himself wherever he wants to go and is taking steps on his own. Jack also recently began speaking and using gestures to communicate.

Jack displays great passion in his desire to do everything! He is determined and highly motivated. The people who work with him at the preschool feel passionately that he must be given every support to succeed. Jack's family is passionate about making sure that he receives what he needs. They are overjoyed with the progress Jack has made.

The big smile on Jack's face as he walks about with PRIDE, the cheers emitted by the teachers and other staff members who work with him as he displays his skills, and the proud and grateful tears in his parent's eyes, say it all.

Jack displays  
great passion  
in his desire to  
do everything!



The Way I See



by Daphne Desinor

Daphne Desinor

# RESPECT:

## Residential

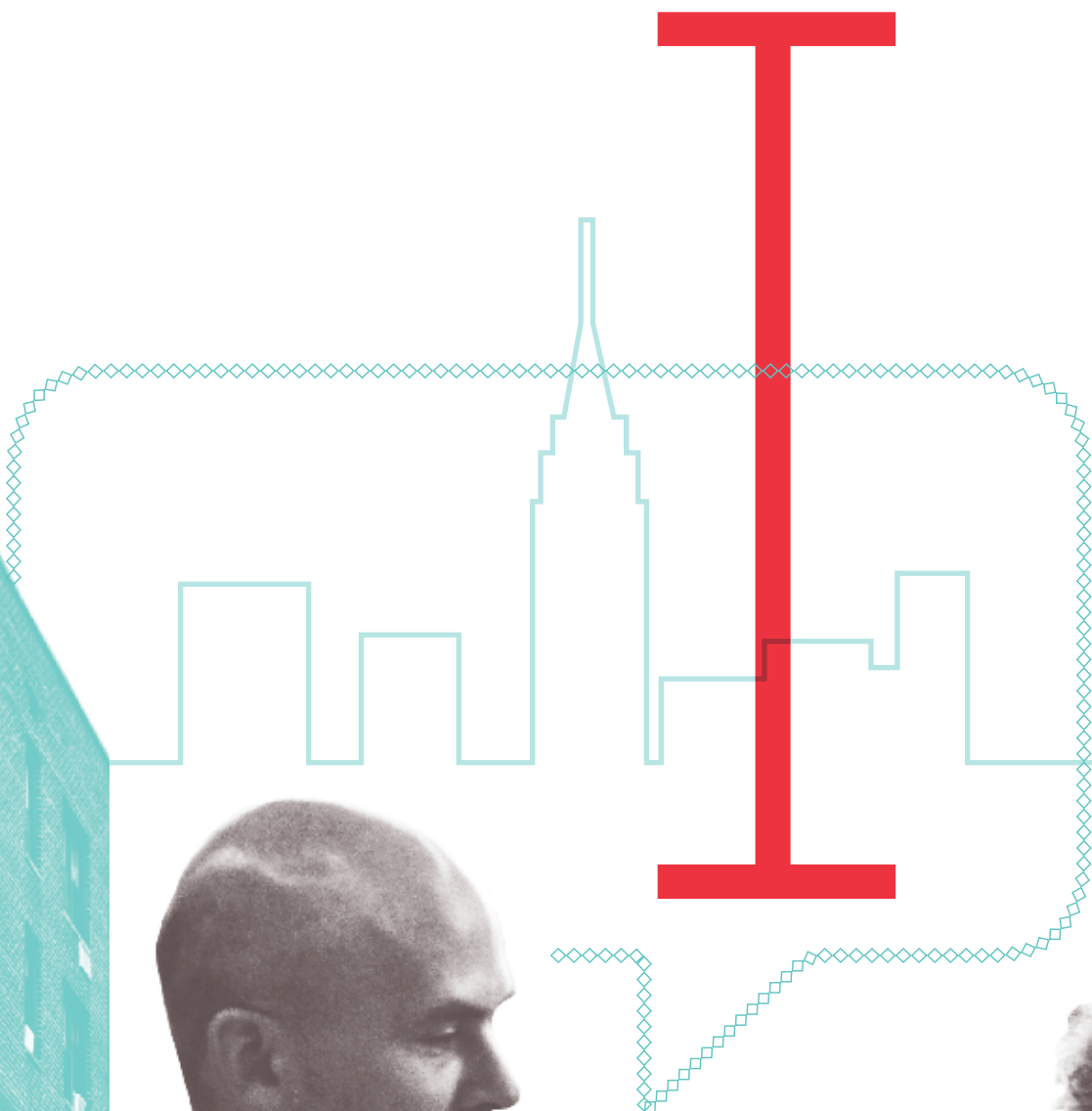
**Daphne Desinor** is supported in an AHRC residential setting that meets her needs and listens to her expressed wishes. Daphne is a poet. She has had the dream to write and publish a book of poetry for years.

This desire has been respected by the staff supporting her at both the AHRC residence and the AHRC day service center she attends. Staff at both centers have encouraged Daphne to write and keep a daily journal.

As a result of her participation in the Everyday Heroes program, Daphne's dream became a reality. Entitled "The Way I See It," the book of her poems has touched many hearts. A book signing event showcased her accomplishments. And with the support of her primary care physician, "The Way I See It" is being sold at the gift shop of the New York Hospital of Queens.

Daphne's talents and wishes have directed the people supporting her. She is highly regarded and a sense of self esteem has thus been bestowed on her. This is an illustrative example of "Respect."

**Daphne's talents and wishes have directed the people supporting her.**



Christopher Tuohy

# INTEGRITY: Individualized Services and Supports

**Christopher Tuohy** had lived in an AHRC supported apartment for more than a decade, but he wanted something different. Through his persistent self advocacy, Christopher made it clearly known that he wanted to reside in his own apartment in the community.

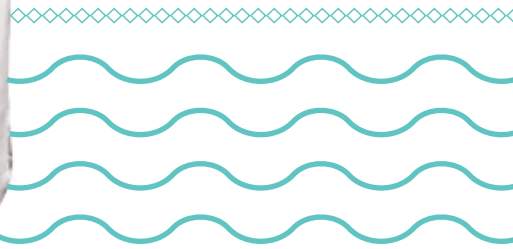
AHRC's commitment to providing individualized services and supports helped make this a reality.

In January 2012, Chris moved into his own place in Queens where he can enjoy his independence and privacy. He enjoys cooking, going to movies and carnivals, roller-blading and many other activities. He now lives closer to his father, and to his nieces and nephews for whom he babysits. He beams when he speaks about all that he has accomplished.

With integrity as a guiding principle, AHRC helped Chris live the life he wanted to live and was truly capable of having.

He beams when he speaks about all that he has accomplished.

# D



Adil Sanai

# DIVERSITY:

## Day Service

A visit to AHRC's **Weingold Day Service Center** in Queens is just one example of the diversity found at AHRC.

Located in Queens, considered to be the most diverse large county in the United States with 138 languages being spoken in the borough, the Weingold Day Service Center is a reflection of the demographics and diversity of the environs.

Franklin Huertas, originally from the Dominican Republic, works with individuals in the Center's Work Readiness program helping prepare them for employment in the community. Natalia Kreydim and her family left their home in Belarus for America in 1994. She has worked at the Weingold Day Service Center educating individuals with intellectual disabilities since her arrival in this country.

Mahmoud Elhalaby was born in Egypt and came to America with his family twelve years ago. He has been supported at the Weingold Center for several years. And Adil Sanai, who uses an assistive communication device to speak, was born in Pakistan, and has been supported at the Weingold Center for close to five years.

These individuals alongside many others from Afghanistan, India, Bangladesh, Lebanon, Israel and Iran to name a few; people with disabilities and those without; people of every faith, gender and cultural background, comprise AHRC's Weingold Day Service Center. Every day these diverse people, from all corners of the planet, come together to make the world a better place for individuals with intellectual disabilities.

People of every faith, gender and cultural background, comprise AHRC's Weingold Day Service Center.



Westchest  
Community  
College

I ♥ NY

James Walker



# EXCELLENCE:

## Employment

More than twenty years ago **James Walker** was referred to AHRC New York City for supported employment services. James had been in special education classes since kindergarten and upon graduation wanted to work but needed some support.

His first job through AHRC was that of porter/cart collector at Big R. Food Warehouse. This was a job in which he excelled from 1992 to 2004 when the company unfortunately went out of business.

In 2004 James started to work with AHRC's Hudson River Services at a variety of contracted sites, performing maintenance. In 2010 Hudson River secured a new housekeeping contract at Westchester Community College. This contract proved to be a very challenging work site for many AHRC workers, as the work requirements of the college are extraordinarily stringent. But James rose to the occasion.

James and his AHRC job coaches value excellence! With their support James has done everything requested of him and much more! Travelling over two hours in each direction to get to work every day, James' supervisor has communicated how much the college appreciates him. James' job coaches are so very proud of James and should be proud of their own efforts to help him succeed.

James and  
his AHRC job  
coaches value  
excellence!

IT IS WITH GREAT PRIDE  
THAT WE CONTINUE  
THE WORK THAT WAS  
STARTED MORE THAN  
**SIX DECADES** AGO BY  
A GROUP OF PARENTS  
WHO WOULD NOT TAKE  
“NO” FOR AN ANSWER  
WHEN IT CAME TO  
**THEIR CHILDREN** WITH  
DISABILITIES.

# HIGHLIGHTS OF THE YEAR ENDING JUNE 30, 2011

## SERVICES AND SUPPORTS FOR CHILDREN AND ADOLESCENTS

AHRC serves a total of approximately 1,000 children in its preschools, elementary school and middle/high school. Its education programs have provided services to increasing numbers of children on the autism spectrum for well over fifteen years. Additionally, AHRC provides hundreds of school-age children with camping and recreational opportunities, as well as educational advocacy, and supports sisters and brothers of the children served in our programs and services who are interested in meeting other siblings of individuals with disabilities.

### Highlights of the years include:

- A new weekend respite program for children in Queens who are on the autism spectrum was developed. This program, previously supported by the AHRC Foundation is now funded through the Queens DDSO and operated by AHRC's Department of Camping & Recreation.
- The Department of Camping & Recreation also served 180 children and teens in two 10 day sessions for children and teens in August 2011.
- The AHRC Middle High School (MHS) collaborative venture with PACE University expanded. Twenty Middle High School students participated in college courses where they were paired with PACE University students with the goal of developing technology projects/presentations. These presentations proved to be very successful.
- Through collaboration with PACE, the AHRC Middle High School received a grant from Verizon/Thinkfinity to fund a curriculum project to include video production, cartooning and animation.
- Francis of Paola Early Learning Center was the second of the Department of Educational Services' preschools to be awarded the National Association for the Education of Young Children (NAEYC) accreditation, an internationally recognized standard for high quality early childhood education. AHRC's Howard Haber Early Learning Center achieved accreditation five years ago; and Esther Ashkenas Early Learning Center will begin the process next school year.
- AHRC's Astoria Blue Feather Head Start received approval to open an additional and greatly needed class.

- The Middle High School (MHS) celebrated the graduation of its third group of students. Graduates and their families have prepared for life after graduation by utilizing a person centered process through the Building Futures Project, a school to community transition project funded by The Walmart Foundation and Joseph LeRoy and Ann C. Warner Fund, Inc.
- AHRC's SibShop program continued to grow with over 30 children attending this year. Thanks to the vision and support of the AHRC Sibling Committee, SibShoppers spent the weekend of June 8th 2012 at Camp Anne swimming, horseback riding, being in the country and being sibs together.
- This year the Bronx Early Childhood Direction Center (ECDC) took about 3,800 phone calls and assisted over 550 families with the Early Intervention (EI) and Committee on Preschool Special Education (CPSE) process. ECDC also provided over 27 workshops to parents and professionals on a variety of topics. Lastly, the Bronx ECDC has been a Summer Youth work site for teenagers with Special Needs for the past 3 years.

## SERVICES AND SUPPORTS FOR ADULTS

AHRC provides services to approximately 1,400 adults in its Day Centers and programs, 1,300 individuals through its division of Employment & Business Services, and 600 adults through the opportunities provided in its Residential Services. The philosophy of Person-Centered Planning has been incorporated to a greater and greater extent in all programs, services and supports for adults.

### Highlights of the year include:

- The Department of Day Services (DS) opened new Day Habilitation sites in Canarsie and on Kings Highway in Brooklyn. The sites are both large, new open spaces. Additionally the department expanded Day Hab Without Walls the newest approach to providing supports and services to people with disabilities in their home communities.
- Day Service created alumni services to further support graduates of our College programs.
- Twenty-five people were employed through the Day Service's Enhanced SEMP Program. These employees are all people who were previously participants in the department's Day Habilitation programs.
- Day Service has moved activities for older individuals into generic senior centers. There are ongoing classes taking place in local senior centers consisting of both seniors and people with disabilities.

- Day Services has continued their partnerships with Carnegie Hall, Pace University, local libraries, community art galleries, volunteer sites, centers where culinary arts are taught, as well as other community venues.
- The *Everyday Heroes* initiative began in October 2010 as a collaborative effort between AHRC's Department of Individualized Supports, AHRC's Department of Organizational and Employee Development, and AHRC Day Services. The *Everyday Heroes* initiative recognizes the contributions of Day Service's Direct Support Professionals (DSP's), supports them as leaders and teachers of other DSP's, and deepens their commitment and contributions to community inclusion and person centered practices.
- The AHRC Department of Employment & Business Services (EBS) was awarded three Out of School Youth Contracts from DYCD (Department of Youth & Community development). These contracts started in July 2010 and run through June 2013. Brooklyn was awarded 2 contracts, a Janitorial and food service training and Queens was awarded one contract in Janitorial training. Serving disabled and non-disabled youth, 18 through 21, students attend classroom training then do a hands-on internship in their field of training with job placement upon completion of the training.
- EBS worked with over 115 employers to assist in the employment of more than 1200 people in 2011.
- EBS started up a new enterprise, Shredability, a secure document destruction company in the South Bronx that employs over 16 people with disabilities. Shredability has over 60 customers and is growing. Shredability complies with all federal legislation and is a distinct member of the National Association for Information Destruction.
- AHRC's Hudson River Services (HRS), a division of EBS, was established in 1993 and currently employs over 300 individuals who work in general office and building services such as office cleaning, snow removal, landscaping, trash removal and comprehensive floor care.
- HRS started a new Janitorial contract with nine New York State Department of Motor vehicle locations throughout New York City creating 12 new employment opportunities for individuals we support. This type of opportunity and many similar opportunities are made possible thanks to our collaborations with New York State's Preferred Program and our participation in the AbilityOne Program.
- The Office of People with Developmental Disabilities (OPWDD) expanded EBS's Enhanced Supported Employment (ESEMP) pilot contract. This pilot is currently funded through 2014. ESEMP is designed to demonstrate that motivated individuals who may need high levels of support can successfully work in regular jobs in the community.
- AHRC is currently supporting 37 people in Individualized Housing with approval from OPWDD for nine more individuals and awaiting approval for three additional individuals. Many of these individuals have moved from AHRC group homes into their own homes making room for others who need the level of support that a group home can provide. Others have moved into their own apartments from their parent's home and still others have been living on their own but had marginal fiscal resources. They needed supports from Homecare as well as some financial support to improve their quality of life.

- Residential Services continues to support individuals as they age to ensure that the links to their personal history and connections with those whom they hold dear remain strong throughout the lifespan.
- Residential staff have participated in the NYSACRA Learning Institute on Promoting Individualized Supports and Services. Participation has led to planning for the ongoing development of smaller community living environments to be achieved by modifying existing residential opportunities.
- In order to help AHRC staff better understand diagnoses of Alzheimer's and other dementia AHRC Residential Services has developed specialized trainings that provide staff with the information; opportunities to ask questions; and forums in which to share their experiences and concerns. Staff are better able to support the individuals they serve.
- AHRC Residential Services provides opportunities to a number of young women diagnosed with Rett syndrome. A world renowned research doctor, Dr. Sasha Djucik has established the Rett Center at Montefiore Hospital in the Bronx. And AHRC is partnering Dr. Djucik and her team so that we can work together to promote an optimal level of wellness for the young women we serve who are impacted by this disorder.
- In recognition of the increasing predominance of morbidity of chronic disease and medically fragile individuals requiring more intensive management, subsequent to the Bloomberg Apartments (24 beds) opened in 2007, 2010 saw the opening of the Dickson-Goodman Apartments (24 beds). Both residences quickly filled with those in need of this higher level of care.
- AHRC's Department of Clinical Services' Adept program has increased efforts to reach out to aging individuals with developmental and intellectual disabilities in the community. The program has begun a collaborative relationship with the New York City Chapter of the Alzheimer's Association, which has most recently led to the initiation of a support group for caregivers of individuals with developmental disabilities who are living with dementia.

## SERVICES AND SUPPORTS FOR INDIVIDUALS OF ALL AGES AND THEIR FAMILIES

AHRC offers home care services, a variety of clinical services including testing and evaluation to several thousand individuals, service coordination to almost 2,000 individuals and information on entitlements, camping and recreation, as well as family education to several thousand individuals annually.

### Highlights of the year include:

- AHRC has formed a cross functional team (CFT) to address the needs of individuals on the Autism Spectrum currently enrolled in all of our services and supports. The goal of the CFT is to identify "evidence based best practices in treatment" to develop a curriculum for staff training and to implement these best practices in all aspects of our support system. The sub-committee of the Board Behavioral Health and Program Supports has partnered with the CFT on this initiative.



- AHRC's Referral and Information Center (RIC) became operational in August 2011. All individuals wishing to obtain any services from AHRC (approximately 8,000 referrals every year) now interface with AHRC's Referral and Information Coordinators (RIC) who are knowledgeable about all services provided by AHRC, eligibility and processes necessary to obtain all AHRC services, as well as services not offered by AHRC. The RIC are the first people families come in contact with in their efforts to obtain services and are now assured an excellent customer service experience at AHRC.
- AHRC's Guardianship Program serves as the primary and standby guardian, through NYSARC, Inc. of more than 80 individuals with developmental and intellectual disabilities over the age of twenty-one throughout New York City and provides full legal representation on guardianship matters and community outreach to hundreds of families each year.
- The Clinic's Crisis Intervention/ In Home Behavior Management Team has been assisting Bronx families for over 15 years. This year a part time social worker was added to the team to assist the two psychologists working to provide not only crisis intervention but additionally post crisis support.
- AHRC's Katy Isaacson and Elaine Gordon Lodge served 278 guests during summer 2011. Guests enjoyed swimming, boating, arts, sports, horse riding, cooking classes, yoga and for the first time, hip hop classes. 70 staff from 13 different countries were on staff and brought a great energy to the camp. The Lodge's first music festival "Lodgeapolooza" took place and entertained guests from neighboring Camp Loyaltown.
- The recreation division of AHRC's Camping & Recreation Department operated over 40 programs for children, teenagers and adults across all five boroughs in 2011. Additionally, Bronx families now can get away for recreation and informative networking opportunities at our camps, thanks to funding from Metro-Bronx DDSO.
- 509 campers attended Camp Anne in 2011 with staff from 20 countries, as well as 40 domestic staff came from several different states. Camp programs became more robust with the addition of art-therapists and an adaptive golf cart which assists in transporting people who use wheelchairs to and from the nearby lake.
- Donations made to AHRC in memory of Howie Stone, allowed for the building of a lovely gazebo at the pool at Camp Anne to provide much needed shade. The gazebo was dedicated in a ceremony in August with members of the Stone Family and AHRC family in attendance.
- Family Getaway weekends started again in September with 4 Bronx families spending the weekend at Camp Anne.
- The Home Care Department's At-Home Residential Habilitation program was converted to Community Habilitation in November 2010 by OPWDD. This change allows more flexibility to individuals and families. Additionally AHRC was granted additional Community Habilitation opportunities in Queens and Brooklyn.
- The Home Care Department continued to accept new Participants in the TBI Waiver throughout 2010-11.

- The Home Care Department provided skills building and planned respite services to children in the Bridges to Health waiver through contracts with five Health Care Integration Agencies.
- AHRC New York City continues to provide Medicaid Service Coordination (MSC) to individuals & their families in all five boroughs. Over the past year the program has grown and currently serves over 1900 individuals. In addition, the program was approved to provide case management to individuals with developmental disabilities without Medicaid in Brooklyn.

## ADMINISTRATIVE SERVICES

Many administrative departments support AHRC's core business, that of providing services to individuals with developmental disabilities and their families. These administrative services are essential to the running of the organization and include corporate compliance, IT, human resources, employee training and development and many other areas.

### Highlights of the year include:

- AHRC's IT Department, working with key staff in all program areas throughout the organization for the last two years has begun the implementation of Evolve, a new comprehensive electronic health records management system. This new system will be the repository of all information on all the individuals served by the organization. This July our Referral and Information Center (RIC), Article 16 Clinic and billing operations began using Evolve. Following there will be incremental roll-outs for our Medicaid Service Coordination (MSC) program followed by Day Service and Residential programs and on to the rest of the organization.
- Superior Direct Care, AHRC's affiliate, continues to work collaboratively with AHRC New York City programs and services to support the needs of the departments as well as those of other similar organizations in the city. Superior provides a strong pool of candidates to fill full time positions within AHRC. Twenty-seven Direct Support Professionals were hired by the Department of Residential Services from the Superior staffing pool last year.
- The AHRC Department of Administrative Services installed a unique art hanging system in the lobby of AHRC's Headquarters Building at 83 Maiden Lane so that we can showcase and share the creative works of many of AHRC's fabulously talented individuals. "Meet the artist" opportunities have also been held in the lobby of our Headquarter's Building.
- Over the past year, the Department of Organizational and Employee Development (OED) continued employee outreach and learning initiatives which contribute to enhancing employee' work/life.



- February 2011 OED introduced the American Heart Association Heartsaver curriculum replacing the American Red Cross CPR training. This resulted in benefits to AHRC that include: increasing AHRC's capacity to train all staff in both Adult and Child CPR; comprehensive instruction in 4 hours instead of a full-day; and receipt of 2-year certification instead of just 1-year in the previous training. During 2011, over 1,450 staff members were trained in CPR and the use of the AED. AHRC also has 18 certified CPR Instructors.
- OED's staff training courses continue to enhance the professional development of the staff and improve the quality of life for the individuals we support. A total of 2,268 sessions at the main office and sites throughout the boroughs were held in 2011. This works out to approximately 10 classes per day, every working day! Classes included those in diabetes management, dysphagia and swallowing disorders, Insulin training, and stress management.
- An agency-wide Medical Policy Development Committee was created which will ensure the quality of care for the individuals we serve. The consistency of medical services across the lifespan as people age and transition from one program to another is a focus, as well as staying current with cutting edge wellness and health care treatments. In addition, the Committee is reviewing and streamlining all medical information and resources posted on the AHRC intranet MHIN (Medical Health Information Network) so all staff will have easy access to the most current information.
- Under the leadership of AHRC's Medical Director an interdisciplinary Residential Review Committee was created to examine frail and acutely ill patients and review Residence to Hospital to Nursing Home/Skilled Nursing Home Facility process. An interdisciplinary Mortality Review Committee was created for the purposes of intensive and multi-dimensional review of mortalities of individuals at AHRC. An interdisciplinary AHRC/ACCESS working group was formed whose objective was to maximize the number of AHRC staff immunized against influenza. A review was initiated to determine the most optimal means of addressing chronic conditions, including the role of AMAP, Nursing and Medical Director.
- With the anticipation of Evolve, the Electronic Health Record System, for 2012, medical and nursing began discussions regarding the incorporation of Evolve into the communication, and the conveyance of pertinent medical information to hospital staff, that are part and parcel of the hospital and admissions process for AHRC individuals.

## For the Year Ending June 30, 2011

Total Support for the Current Period \$ 254,286,819

### EXPENSES

#### Program Services

A. Educational Services \$ 32,714,050

B. Adult Day Programs 62,537,739

C. Residential Services 66,876,761

D. Family and Clinical Services 9,410,620

E. Employment and Business Services 27,314,213

F. Camping & Recreation Services 4,136,081

G. In-Home Services 6,807,228

H. Family Support Services 2,547,835

I. Superior Direct Care Inc 7,042,380

J. AHRC Home Care 1,186,806

K. AHRC NYC Guardianship Fund, Inc 23,355

Total Program Services \$ 220,597,068

Supporting Services 30,814,078

**Total Expenses** \$ 251,411,146

**Total Support Less Expenses** 2,875,673

Unrestricted Net Assets—June 30, 2010 \$ 37,126,817

**Unrestricted Net Assets—June 30, 2011** \$ 40,002,490

The complete financial statements, including the related notes and auditor's report, are available upon request.

# AHRC NEW YORK CITY

## Programs, Services and Supports

AHRC Administrative Offices  
83 Maiden Lane  
New York, NY 10038  
212 780 2500  
212 780 2353 (fax)  
www.ahrcnyc.org

### Department of Adult Day Services

Bronx Day Habilitation Services, Bronx NY  
Dorothy and Michael Styler Center, Bronx, NY  
William F. May Adult Center, Bronx, NY  
Dean O'Hare Center, Brooklyn, NY  
Stephen B. Siegel Center, Brooklyn, NY  
Wendy M. Siegel Center, Brooklyn, NY  
Bush Terminal Day Hab, Brooklyn, NY  
Traumatic Brain Injury Services, Brooklyn, NY  
and Bronx, NY  
Mellissa Riggio Higher Education Program  
at Kingsborough Community  
College and the College of Staten Island, Brooklyn,  
NY and Staten Island, NY  
Sobriety Day Habilitation, Brooklyn, NY  
Betty Pendler New York League Work Center,  
New York, NY  
Walter & Evelyn Redfield Center, New York, NY  
Fisher Center, New York, NY  
Enhanced Supported Employment,  
All 5 Boroughs  
Cyril Weinberg Center, Long Island City, NY

Far Rockaway Center, Far Rockaway, NY  
Joseph T. Weingold Center, Sunnyside, NY  
Day Hab Without Walls, All 5 Boroughs  
Bridges 2 Health, All 5 Boroughs

### Business and Employment Services

HIRE Supported Employment Program, Manhattan,  
Queens, Bronx, Brooklyn & Staten Island, NY  
CAREERS in Janitorial and Food Services,  
Queen, NY  
CAREERS in Hotel Housekeeping, Manhattan  
Job Connection Center, Brooklyn, NY  
Hudson River Messengers, Manhattan, Brooklyn,  
Queens, Bronx & Staten Island, NY  
Horizons Day Hab & Prevocational Center, Bronx  
and Brooklyn, NY  
Horizons Day Habilitation without Walls, Brooklyn  
and Staten Island, NY  
Careers Young Adult Internship Program (YAIP),  
Staten Island, NY  
OPTS Senior Retirement Group, Bronx, NY  
HIRE Community Employment Supports, Brooklyn,  
Bronx, Manhattan and Staten Island, NY  
Hudson River Services, All 5 Boroughs  
The Enhanced Supported Employment  
Program Manhattan, Brooklyn, Queens, Bronx  
and Staten Island NY  
OPWDD Employment & Training Program  
Manhattan, Brooklyn, Queens, Bronx and  
Staten Island NY

**Department of Camping and Recreation**

Camp Anne, Ancramdale, NY

Katy Isaacson & Elaine Gordon Lodge,  
East Jewett, NY

Recreation Services, New York, NY

**Day Respite Programs**

Brooklyn, Bronx, Manhattan, Queens,  
Staten Island

**Weekend Hotel/Recreation Respite**

Brooklyn, Bronx, Queens, Staten Island, Manhattan

**Department of Family and Clinical Services**

Article 16 Clinic, Manhattan & Bronx, NY

Bronx Early Childhood Direction Center (ECDC),  
Bronx, NY

Legal Services: Guardianship and Future  
Care Planning, New York, NY

Bronx Crisis Team, Bronx, NY

Family Reimbursement Fund—Francesca Nicosia  
Fund, All 5 Boroughs

Sibling Support Services, New York, NY

**Department of Medicaid Service Coordination  
serving all five boroughs**

**Department of Individualized Supports serving  
all five boroughs**

**Department of Educational Services**

Howard Haber Early Learning Center,  
Bronx, NY

Brooklyn Blue Feather Elementary School  
& Evaluation Center. Brooklyn, NY

AHRC Middle/High School, Brooklyn, NY

Francis of Paola Early Learning Center  
& Evaluation Center, Brooklyn, NY

Esther Ashkenas Early Learning Center,  
New York, NY

Astoria Blue Feather Headstart, Astoria NY

**Department of Educational Advocacy  
serving all five boroughs**

**Department of In-Home Services  
serving all five boroughs**

AHRC Home Care Inc.

**In-Home Respite**

Community Habilitation Services

Superior Direct Care Services (SDC)

**Department of Residential Services**

95th Street IRA, New York, NY

Fineson House, New York, NY

Melvin W. Kraus Residence, New York, NY

Malozemoff Residence, New York, NY

Dixon Goodman Apartments, New York, NY

Phyllis and Harold B. Jacobs Residence,  
New York, NY

Manhattan IRA, New York, NY

New Gotham, New York, NY

East 106th Street, New York, NY

Rupert Towers, New York, NY

Elena Agovino Residence, Bronx, NY

Netherland IRA, Bronx, NY

Chicquor Residence, Bronx, NY

Greenberg Residence, Bronx, NY

Fairfield Avenue IRA, Bronx, NY

Hunter Avenue IRA, Bronx, NY

Mayflower IRA, Bronx, NY

Thurman Munson Residence, Bronx, NY

Wilson Avenue IRA, Bronx, NY

81 Ocean Parkway IRA, Brooklyn, NY  
400 Ocean Parkway IRA, Brooklyn, NY  
Lillian and Jack Isaacson Residence,  
Brooklyn, NY  
Blue Feather—Minna Bober IRA, Brooklyn, NY  
Betty Carubia IRA, Brooklyn, NY  
Seymour Rubin IRA, Brooklyn, NY  
Gus Jacobs IRA, Brooklyn, NY  
Kings Highway IRA, Brooklyn, NY  
Striar House, College Point, NY  
Mina and George Hirsch Residence,  
Little Neck, NY  
Bellrose IRA, Bellrose, NY  
Glenn Oaks IRA, Glenn Oaks, NY  
163rd Place IRA, Flushing, NY  
Eugene Fierstein Residence, Flushing, NY  
Union Turnpike, Flushing, NY  
186th Street, Fresh Meadows, NY  
204th Street IRA, Bayside, NY  
Bayside IRA, Bayside, NY  
College Point IRA, College Point, NY  
Helen Armstrong Residence, Ozone Park, NY  
Fresh Meadows Residence, Fresh Meadows, NY  
Cunningham League IRA, Fresh Meadows, NY  
Gruenstein Residence, Bayside, NY  
Mitchell & Susan Bloomberg Apartments,  
Jamaica, NY  
North Hills Leagues IRA, Bayside, NY  
58th Avenue IRA, Elmhurst, NY  
254th Street, Little Neck, NY

Jimmy O’Neil Residence, Fresh Meadows, NY  
Pembroke IRA, Bayside, NY  
Peterson House, Staten Island, NY  
Ralph I. Rossi Residence, Staten Island, NY  
Kensington IRA, Staten Island, NY  
East Tenafly IRA, Staten Island, NY  
Lander Avenue, Staten Island, NY  
Tysens Lane, Staten Island, NY

### **Supportive Apartments**

Brooklyn Apartments, Brooklyn, NY  
Staten Island Apartments, Staten Island, NY  
Queens Apartments, Queens, NY  
Bronx Fordham Hill Apartments, Bronx, NY  
Manhattan Apartments, New York, NY

### **Overnight Respite**

Thelma Ragland Respite Houses Brooklyn, Bronx,  
Manhattan, Queens, Staten Island

### **Department of Finance, Budgets and Contracts**

### **Department of Real Property**

### **Department of Public Information**

### **Department of Organizational and Staff Development**

### **IT Department**

### **Department of Administrative Services**

**ACCESS Community Health Center (formerly  
AHRC Healthcare Inc.) Manhattan and Bronx, NY**

**ACCESS Community Health Center (formerly  
AHRC Healthcare Inc) Substance Abuse Services**

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