



Directory of Programs, Services, and Supports Revised February 2022

This document contains a listing of the programs, services, and supports offered by AHRC New York City. You can also visit our website at www.ahrcnyc.org for more information, or subscribe to our agency's social network pages, where you can receive the most up to date news and information in the field of services and supports for people with intellectual and developmental disabilities.

Obtaining Services

AHRC New York City's [Referral and Information Center](#) will make referrals to AHRC NYC programs, services, and supports. If needed services are not available through our organization, we can help you to find services provided outside of AHRC NYC.

The Referral and Information Center is available to:

- Families of individuals with developmental disabilities or suspected developmental disabilities
- Individuals and professionals referring individuals
- People with developmental disabilities who have not previously received AHRC New York City services
- People with developmental disabilities who are currently receiving AHRC NYC services, who are interested in additional services

If you would like to speak to someone about how AHRC New York City can help you or your loved one, please call our Referral and Information Center at 212 780-4491 or email your inquiry to: referrals@ahrcnyc.org.

For Families

[Family Education and Training](#)

AHRC NYC provides valuable information and educational opportunities to families of people with disabilities, including FREE educational workshops, offered twice per month.

[Educational Advocacy Services](#)

AHRC NYC is committed to providing educational advocacy services to NYC families. We are currently providing educational advocacy services in Brooklyn, Bronx, Manhattan and Queens.

[Guardianship and Legal Services](#)

Assistance with obtaining guardianship for a family member with a developmental disability who is 18 years and older is available to individuals in all five boroughs, as is assistance with future care planning. Assistance with legal issues that may arise related to a family member with a developmental disability is also available on a limited basis.

[Sibling Services](#)

AHRC New York City offers individual, group and family supports to children, adolescents, and adult siblings of persons with developmental disabilities. Learn more on our Sibling Services page.

To learn more, please visit our website at www.ahrcnyc.org.

Our Schools

Our [Early Learning Centers](#), and [School Age Programs](#) offer an array of services and supports for students with disabilities and developmental delays. All six of AHRC NYC's schools are part of [the HOPE Continuum](#). HOPE is an acronym that represents AHRC NYC's mission regarding the education of children with autism, program guidelines for best practices, and the philosophy of [Applied Behavioral Analysis](#), (ABA).

To learn more please visit: <https://schools.ahrcnyc.org/>

PRESCHOOLS

AHRC NYC operates four preschools for students with disabilities, and some classes for children without disabilities. Our preschools are built upon the belief that children with developmental delays have the same needs as all children, and that parents and families are the most important people in the lives of their children.

Name	Address	Principal
Astoria Blue Feather Early Learning Center	27-07 8th Street Astoria, NY 11102	Sandra Evangelista
Esther Ashkenas Central Park Early Learning Center	15 West 65th Street New York, NY 10023	Beth Rosenthal
Francis of Paola Early Learning Center	201 Conselyea Street Brooklyn, NY 11211	Teresa DelPriore
Howard Haber Early Learning Center	2300 Westchester Avenue Bronx, NY 10462	Deborah Bianco

PRESCHOOL / ELEMENTARY SCHOOL

[James P. Murphy Staten Island Preparatory School](#) serves students diagnosed with autism between the ages of 3-5 and 5-12 and has is also approved to educate students with learning disabilities, other health impairment, emotional disturbance, and or intellectual and developmental disabilities.

James P. Murphy Staten Island Preparatory School	1201 66th Street Brooklyn, NY 11219	Principal: Christopher Uccellini
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ELEMENTARY SCHOOL

[Brooklyn Blue Feather Elementary School](#) accepts children between 5 and 12 years of age who reside in the five New York City boroughs. To be eligible for enrollment, children must exhibit behavioral characteristics associated with autism, must have an educational classification of autism, and must be recommended for a Non-Public School placement by the New York City Department of Education. The school aims to help students achieve the level of functioning that will allow them to Transition to less restrictive environments.

Brooklyn Blue Feather Elementary School	2335 Gerritsen Avenue Brooklyn, NY 11229	Denise Polanco-Nieves
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MIDDLE / HIGH SCHOOL

[AHRC Middle / High School](#) can accept students between 13 and 21 years of age who reside in all the five New York City boroughs. Students must carry an educational classification of autism and/or demonstrate a similar learning profile. Students must be recommended for a Non-Public School placement by the New York City Department of Education to be eligible for enrollment.

AHRC Middle / High School	1201 66th Street Brooklyn, NY 11219	Principal: Christopher Uccellini Assistant Principal: Trudy Pines
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College Programs

MELISSA RIGGIO HIGHER EDUCATION PROGRAMS

AHRC NYC's [Melissa Riggio Higher Education Programs](#) are college-based programs designed to prepare people with intellectual and other developmental disabilities for adult life through higher education coursework, career exploration and preparation, and self-awareness and socialization. These programs engage students in supporting individualized academic, vocational, community and social experiences. Students have the same opportunities for social and personal growth as other young adults who attend college. Admission is by application.

Manhattan Community College	83 Maiden Lane, 9th fl New York NY 10038	Jessica Giorgio
College of Staten Island		
Kingsborough Community College	83 Maiden Lane, 9th fl New York NY 10038	Kensaku Matsuda
HOSTOS Community College		

Preparing for Employment

AHRC New York City has a long-standing tradition of supporting people with disabilities as they prepare to obtain, and maintain employment. We provide a variety of programs across New York City that harness each person's existing talents and skills, and teach new skills to empower them to be successful in the workplace.

[School to Work Program](#)

In collaboration with the New York City Department of Education, AHRC NYC helps people in special education classes to smoothly transition from school into AHRC NYC employment programs.

[Daily Job Readiness](#)

Our job preparation programs utilize a person-centered approach to create a weekly schedule of activities, training, and volunteer opportunities that best meet the needs of the person who is seeking employment. People who participate in daily job-readiness programs are provided with training to enhance their ability to obtain and maintain ongoing employment.

[Job Connection Center](#)

Our program prepares people 18 and older, (with a dual diagnosis of a developmental disability and a mental health condition,) in all five NYC boroughs with more than one disability for the demands of employment. These supports prepare people in emotional coping strategies, social interaction, and vocational skills.

[Employment Training Program](#)

People with disabilities will participate in an internship that will match their skills and interests as they earn minimum wage, receive significant job coaching support, and receive assistance in transitioning from their internship to long-term employment.

[Pathway to Employment](#)

Pathway to Employment is designed to assist people who may not have had employment experiences to identify career goals through exploration and community experiences. The service may be combined with other OPWDD programs and is intended to assist in the preparation of people interested in employment. Career development opportunities are designed to match the skills and interests of the person receiving the service.

[Project Search](#)

Project Search is a one-year, school-to-work high school transition program that takes place entirely at the workplace. Total workplace immersion at a host employer facilitates classroom instruction, career exploration, and relevant job skills training through strategically designed internships. The program takes place during the last year of school and is available for up to 12 students with intellectual and developmental disabilities. Following the school calendar, the internships begin September and end in June.

[TechXpert](#)

AHRC New York City's TechnoStart program includes instruction on basic and advanced computer skills in a variety of widely used applications, such as Microsoft Word, Excel, Outlook, and more. People participating in the program will gain proficiency in today's most widely used office computer applications, prepare for the Microsoft Office Specialist exam, and receive individualized job development and job placement support from Job Developers. For more information call 646-385-6615.

[NYC Department of Youth & Community Development Programs](#)

Career training and employment programs for youth between the ages of 16-24 will help advance your career through comprehensive GED test preparation, employer-recognized training, credentials and certifications, and paid internships. These programs are funded by the NYC Department of Youth and Community Development, (DYCD) Workforce Connect. For more information, email advance@ahrcnyc.org. Our DYCD programs include [Advance & Earn](#), [Train & Earn](#), and [Warehouse Operations and Inventory Management](#).

Obtaining and Maintaining Employment

Direct Placement Programs

Direct Placement Programs are for individuals who are interested in direct employment opportunities, as opposed to an internship or a training program. AHRC New York City will foster a person's natural abilities by utilizing their past and current skills to create employment opportunities. Some people may choose to attend AHRC NYC's weekly Job Club that helps to prepare them for the workforce and build upon their current skills. Each person will be provided with a Job Coach to assist them with the hiring process and securing employment.

Supported Employment

For people with disabilities who have obtained employment, AHRC New York City provides a Job Coach, who provides support at the work site from day one. Employment services are available to people with developmental disabilities 18 and older, and some specified services are available to people without disabilities who meet income guidelines from all five boroughs.

AHRC NYC Businesses

Through its businesses, AHRC New York City provides companies with qualified and trained employees, who happen to have disabilities. As the needs of our customers are met, AHRC NYC provides people with developmental disabilities the opportunity to work, to earn an income, and to contribute to the community.

Hire People with Disabilities

AHRC NYC provides companies with trained employees, helps lower staff turnover rate, and provides recruitment solutions at no cost to the customer! We are your new employees resource, creating an inclusive and diverse environment for your business.

Hudson River Services

Hudson River Services has been exceeding customer's expectations for over 20 years by providing professional janitorial services, green cleaning, commercial office cleaning and building maintenance for commercial and private properties in the New York City metro area. Contracts can be customized for any size job, big or small. Available services include: Full building and commercial office cleaning, porter services, restroom services, window washing, pressure washing, complete floor care services, carpet care, hardwood floor repair, and landscaping.

SHREDability

SHREDability is a unique secure document destruction company shredding paper for companies throughout the New York City Metro Area by employing individuals with developmental disabilities. SHREDability is a AAA NAID Certified business that understands the risks companies take every day when handling secure documents.

Learn more at <https://www.shredability.org>

EMPLOYMENT AND BUSINESS SERVICES LOCATIONS

Name	Primary Contact	Address
EBS - Manhattan	Flora Nikoghosyan	252-254 West 29th. Street New York, NY 10001
EBS - Bronx	Ana Kuharik	4377 Bronx Blvd. 3rd Fl Bronx, NY 10466
EBS - Queens	Marina Muratova	38-18 Woodside Avenue Woodside, NY 11104
EBS - Brooklyn	Yuliya Khripunkova	57 Willoughby Street, 4th Floor Brooklyn, NY 11201
EBS - Staten Island	Candi Genovese	25 Victory Blvd., 2nd Floor Staten Island, NY 10301 Advance and Earn program operated nearby at 136 Bay Street Staten Island, NY 10301
SHREDability	Francisco Arbizu	703 E. 134th Street Bronx, NY 10462

Day Services

The focus of AHRC New York City's Day Services is to support adults with intellectual and other developmental disabilities, traumatic brain injury, and autism spectrum disorders in overcoming the challenges they face in an effort to live self-determined and meaningful lives in their communities. We support adults to contribute, participate, and become valued community members in the same ways as others; developing a wide range of relationships with people in their support networks; making contributions to their communities; and assuming valued roles.

Day Habilitation

AHRC NYC's day habilitation programs provide a structure for daily activities, while offering a variety of activity choices to suit each person according to their wants and needs. Days begin at an AHRC NYC location where people, accompanied by staff, venture out into the community. Common activities in our day habilitation programs are: exploring technology; creating artwork; practicing performance; shopping at local supermarkets, shops, and restaurants; visiting museums and libraries; attending spectator events; exercising at gyms and pools; joining community organizations; and working to improve the local neighborhood to make it enjoyable for everyone.

Day Habilitation Without Walls

AHRC NYC's Day Habilitation "Without Walls" reflects day habilitation programs that stress an individualized schedule made up entirely of community based experiences, with goals derived from the Person-Centered Plan. Daily activities and services reflect choices made by each person. Without Walls begins each day at the person's home, where a support staff meets them, and continues with active participation in the community.

Pre-Vocational Services

Opportunities to prepare for work are provided through a variety of activities including cafeteria services, janitorial and cleaning services, and packaging and assembly.

Community Volunteer Opportunities

In support of expanding community relationships, volunteer opportunities are made available to adults supported in AHRC NYC's programs through the many partnerships we have made with local organizations over the years. Volunteer opportunities are chosen to match the interests of each person.

Travel Training

Getting from one place to another is essential for a productive and independent life. Travel training is offered to adults supported through AHRC NYC programs. Travel skills include pedestrian skills, appropriate social behavior in the community, safety skills, problem solving, and direct route training to and from a designated location.

Communication and Technology

Every person can communicate, and AHRC NYC supports communication using spoken words, technology, (advances in technology have enabled people with communication challenges to communicate more efficiently and to be more independent,) as well as low tech methods in community-based interactions, which provide development of common vocabulary, and build stronger bonds and relationships with peers and other community members. Communication supports provided by AHRC NYC include sign language, augmentative communication picture boards, voice activated picture based communication systems, and Dynovox-programmed speaking machines.

Partnerships for Innovation

We encourage people with developmental disabilities to collaborate with and learn from our extensive network of community partners. AHRC NYC has developed an extensive network of partners in universities and community colleges that include Pace University, Pratt Institute and Long Island University. Students at these institutions and people with disabilities spend time together and learn from one another. A collaboration with the City University of New York resulted in AHRC NYC's [Melissa Riggio Higher Education Programs](#) at the College of Staten Island, Kingsborough Community College, Hostos Community College and Borough of Manhattan Community College. AHRC NYC in collaboration with Teachers College, Columbia University's Center for Opportunities and Outcomes for People with Disability with has also conducted ongoing research in the area of abuse prevention. The Effective Strategy Based Curriculum for Abuse Prevention and Empowerment (ESCAPE-DD) was developed to educate people with developmental disabilities to recognize abuse and remove themselves from abusive situation.

Self Advocacy

Today more than ever before, people with disabilities are speaking for themselves and making choices to effect the direction of their own lives. AHRC NYC assists them by providing person-centered supports that focus on the unique goals and dreams of each individual; forums for peer discussion and learning; and opportunities for people to express themselves publicly. AHRC NYC supports the Self Advocacy Organization of New York State www.sanys.org.

Traumatic Brain Injury Services

AHRC NYC provides an array of community-based rehabilitation services and supports that improve quality of life, enhance productivity and inclusion, and promote independence for people with Traumatic Brain Injuries (TBI) and their families. These are not time-limited services. A person may receive services for as long as needed. These are excellent support options post-discharge from a formal rehabilitation setting or as a complement to those services. Our TBI Structured Day Programs are community-based rehabilitation services designed specifically for people with a traumatic or acquired brain injury. The basic goals of the service are to: develop and enhance functional independent living skills; increase socialization opportunities; promote community inclusion; develop problem-solving skills; and develop and enhance the use of compensatory strategies

People who participate in the program are provided with a full day of community-based skill development, through a variety of educational, cultural, and volunteer opportunities. Psychological services are also available.

ADULT DAY SERVICE LOCATIONS

Name	Regional Director	Address
Howie Stone Day Services	Ana Sostre	Howie Stone Day Services 1420 Ferris Place Bronx, NY 10461
Bronx TBI		
Styler Day Habilitation	Ana Sostre	Dorothy and Michael Styler Day Services 1440 Ferris Place Bronx, NY 10461
Styler Day Services: Transitions Without Walls		
Styler Pre-Vocational Services		
William F. May Day Services	Ana Sostre	1952-74 Mayflower Avenue Bronx, NY 10461
Kings Highway Day Services	Racquel Pinnock	355 Kings Highway Brooklyn, NY 11223
Rockaway Parkway Day Services	Racquel Pinnock	1329 Rockaway Parkway Brooklyn, NY 11236
Church Avenue Day Habilitation	Racquel Pinnock	Church Avenue Day Services 2211 Church Avenue Brooklyn, NY 11226
Brooklyn TBI		
Church Avenue Prevocational Services		
Brooklyn Day Habilitation	Racquel Pinnock	Brooklyn Day Services 340 Livingston Street Brooklyn, NY 11217
Brooklyn Day Habilitation Without Walls		
Stephen B. Siegel Day Services	Racquel Pinnock	2621 East 17th Street Brooklyn, NY 11235
Wendy M. Siegel Day Services	Racquel Pinnock	522 Bushwick Ave. Brooklyn, NY 11206
Betty Pendler New York League Program B	David Summers	mailing address: 200 Varick Street, 7th Fl New York, NY 10014 street entrance: located on W Houston Street
Betty Pendler New York League Program C		
Day Habilitation Without Walls Manhattan		
Bridges to Health (B2H) Manhattan		
Walter and Evelyn Redfield Day Services	David Summers	450 W 56th St, 2nd Fl New York, NY 10019
AHRC Fisher Day Services	David Summers	2080 Lexington Avenue, 3rd Fl New York, NY 10035
Norfolk Day Habilitation	David Summers	Norfolk Day Services 101 Norfolk Street New York, NY 10002
Norfolk Day Habilitation Without Walls		
Joseph T. Weingold Day Habilitation	Witemberg Cabral	Joseph T. Weingold Day Services 376-09 Queens Blvd. Elmhurst NY 11373
AHRC NYC Community Inclusion Initiative		
Cyril Weinberg Day Services	Witemberg Cabral	32-03 39th. Avenue Long Island City, NY 11101
Far Rockaway Day Services	Witemberg Cabral	23-55 Healy Avenue Far Rockaway, NY 11691
Day Hab Without Walls Staten Island	Witemberg Cabral	25 Victory Blvd., 2nd Floor Staten Island, NY 10301

In-Home Supports

Community Habilitation

With the assistance of a Service Coordinator and as delineated in their Life Plan, families determine the actual services they need to help them at home. For instance, a person with a developmental disability may be assisted in becoming more independent with daily living skills such as dressing or preparing meals. The frequency of service provision is dependent upon need and the availability of in-home opportunities. Community Habilitation is available for people with disabilities of all ages. Services are provided in the home.

Home Health Care

AHRC Home Care Services, Inc. (an affiliate of AHRC NYC), is a Licensed Home Care Services Agency (LHCSA), providing services throughout the five boroughs of New York City and Nassau County. We offer a range of home care and home health care service to meet the needs of eligible persons with and without disabilities, including:

Home Health Aides - Personal Care Aides / Companions - Nursing - Physical, occupational and speech therapies - Respiratory therapy - Social work services - Light housekeeping & household tasks - Medication reminders - Meal preparation - Shopping and errands - Laundry - Personal care - Scheduling medical appointments - Escorting you to appointments - Organizing your mail

For more information, contact: [AHRC Home Care Services Inc.](#)

83 Maiden Lane, 7th Floor
New York, NY 10038
Phone: 212 780-2520

Individual Services and Supports

Individual Services and Supports

Individual Services and Supports (ISS) provide financial assistance to people with developmental disabilities in locating and leasing individualized living arrangements that are alternatives to traditional group home living. Residential options include home sharing, independent living, and other leasing opportunities. Additional supports are provided to assist people in finding activities to enrich one's life.

Residential Services

Residences

AHRC New York City provides a variety of residential options in group homes, supervised apartments, and independent settings:

- Individualized Residential Alternatives (IRAs) can be anything from group homes to supported apartments.
- Supervised Apartments
- Residential Settings for Individuals Who Are Medically Fragile (with 24/7 nursing care)
- Opportunities for Independent Living

Bridges to Health

Bridges to Health

AHRC NYC is contracted through the New York State Office of Children and Family Services, to provide home and community-based services and supports to youth, (ages 3 to 21, with developmental disabilities) who are in foster care. The program pairs AHRC NYC professionals with children in their homes and communities, working toward goals including:

- skills of daily living
- adaptive skills
- communication and socialization
- self-care
- motor skills
- community safety
- respite

Bridges to Health
200 Varick Street
New York, NY 10014



Recreation and Leisure

Camping

Sleep-away camp is a wonderful opportunity for people with intellectual and developmental disabilities to have an enjoyable summer vacation away from the city, and an opportunity for families to take a break from the responsibilities of caregiving. AHRC NYC's camps, [Camp Anne](#) and the [Katy Isaacson Elaine Gordon Lodge](#), offer vacation opportunities to adults and children with developmental disabilities. Both sites are fully wheelchair accessible and ADA compliant.

To learn more about Our Camps, please visit: www.camping.ahrcnyc.org

Name	Address
Camp Anne	228 Four Corners Road Ancramdale, NY 12503
Katy Isaacson and Elaine Gordon Lodge	653 Colgate Road, County Road # 78 East Jewett, NY 12424

Recreation Opportunities

Offered year-round, our recreational activities include: educational activities - visual art - photography - drama - music - dance - sports - social dinner dances - escorted vacations and trips - and day trips into the community. Recreational opportunities are available in the evenings, on weekends, and on holidays, and can be found in all boroughs of New York City.

Respite

For families of a person with a developmental disability who lives at home, a dilemma may arise when it is time to do the simplest of tasks, such as going food shopping, visiting the doctor, or simply relaxing. Who can be trusted to take care of the family member with a disability when his or her caregiver must attend to necessary chores, or needs to take a break?

For people with developmental disabilities who reside at home with their families, AHRC NYC provides out-of-home and in-home respite opportunities, ranging from a period of a few hours to a few weeks. Additionally, we provide programs that engage people with disabilities after their day programs, on weekends, and even during vacations, making their lives more fulfilling. A list of these opportunities appears below:

School Holiday Respite

For students with developmental disabilities attending twelve month school programs, we offer School Holiday Respite programs during the 5 weeks of the school year when school is not in session.

Weekend Hotel Respite

We offer a unique opportunity for people with developmental disabilities to spend fully-supervised, recreation-filled weekends away from home at a hotel located in Nanuet, New York. This opportunity is limited to three weekends per year, per individual. Those who would like to participate must be able to administer their own medication. Families must provide transportation of their loved one to a designated pick up location, from where the individual is transported to the hotel. This program is suited for people who are fairly independent, but who need limited assistance, and who can administer their own medications.

Out-of-Home Respite

For families desiring planned out-of-home overnight respite for their family member with a developmental disability, AHRC New York City operates respite houses/apartments, which are located in the Bronx, Queens, and Manhattan. Families from Brooklyn and Staten Island can use these respite if they choose. Following an initial screening process, people with developmental disabilities who are ambulatory and are eight years of age or older, may receive these waiver services, provided by fully-trained AHRC NYC staff, on weekends from Friday afternoon to Monday morning.

In-Home Respite

For people with developmental disabilities who reside at home with their families, AHRC New York City provides in-home respite opportunities, generally for a period of a few hours a day. Additionally, we provide activities that engage people with disabilities after their day programs, on weekends, and even during vacations, making their lives more fulfilling.

Hourly Waiver In-Home Respite

Available to families interested in care relief, residing in Queens, Manhattan, Brooklyn, the Bronx, and Staten Island.

Overnight Emergency Respite

Available to families/primary caregivers who are undergoing difficulties and emergencies such as illness, hospitalization, death, or sudden unplanned travel, who reside in Queens and Manhattan.

Vacation Respite

Experience a unique, one-week vacation in an exciting locale. This program is suited for people who are fairly independent, but who need limited assistance, and who can administer their own medications. Most travel costs are covered including all transportation, lodging, meals, admission fees and staff support.

Clinical Services

Clinical Services

AHRC NYC offers a wide range of Clinical Services at Article 16 clinics and sites throughout NYC's five boroughs. Services are offered to individuals with developmental disabilities, ages 5 and up. Additionally, certain support services can be provided to other family members who do not themselves have a disability. Please contact our Referral and Information Center for details. Services can be provided to individuals of all ages residing in all five boroughs.

Evaluation and Testing

Psychological Testing - is often necessary to determine whether a person is eligible for services or for admission to a specific program.

Psychosocial Evaluations - are performed in order to develop a better understanding of a person within the context of his or her family and his/her social environment.

Mental Health Services

Individual, Group and Family Counseling are available to people with developmental disabilities of all ages.

Intensive Behavioral Services - For individuals who live in the Bronx at home with their families or independently, and who have challenging behaviors, which put them at risk for placement in a more restrictive setting, Intensive Behavioral Services are available.

Bronx In-Home Behavior Management Team (for Bronx Residents) - Also known as the Bronx Crisis Team, this program provides in-home behavior management to people with intellectual and developmental disabilities residing in the Bronx, who live at home with their family. The team also provides access to emergency respite as well as referrals to, and/or consultation with, various agencies, hospitals, and schools.

Habilitative Services

Occupational therapy, physical therapy, speech and language therapy, nursing, nutrition and weight management counseling are available.

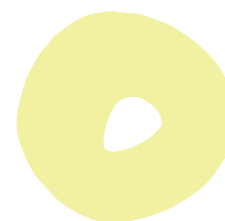
Queens In-Home Parenting Program

Our Queens in Home Parenting programs serves parents with intellectually and developmentally disabilities. Services are provided in the home and include: Case management - Advocacy - Linkage - Referral

Family Reimbursement

Funded by OPWDD, our Family Reimbursement Programs provide monetary assistance to people with developmental disabilities who live with their families in New York City.

<i>CLINIC LOCATIONS</i>	
AHRC New York City Headquarters 83 Maiden Lane New York, NY 10038	AHRC New York City – Bronx Office 2488 Grand Concourse, 3rd floor Bronx, NY 10458
* Clinics are also available at several AHRC NYC program facilities.	



If you would like to speak to someone about how AHRC New York City can help you or your loved one, please call our Referral and Information Center at 212 780-4491 or email your inquiry to: referrals@ahrcnyc.org.