AHRC New York City recognizes the rights of all people, including those supported by the agency. It is our responsibility, as an agency and as a caring community, to recognize these rights and do all we are able to do to ensure that these rights are protected. In accordance with the UN Declaration of Human Rights\(^1\), AHRC NYC is committed to affirming and upholding the rights of people supported.

**Equality:**

1. All people supported have the same legal and civil rights as anyone else.
2. All people supported will be given the same dignity and respect given to every person, regardless of skin color, religion, language they speak, age, gender, sexual orientation, ethnic background or health condition(s).
3. All people supported have the right to express their religious beliefs freely.
4. All people supported have the right to advocate for their rights and the rights of others.

**Personal Growth:**

5. All people supported have the right to talk about what is important to them.
6. All people supported have the right to ask someone to listen to them.
7. All people supported have the right to think what they want and to respectfully express their ideas.
8. All people supported have the right to get help with decision making.
9. All people supported have the right to opportunities for lifelong learning and development of their talents.

**Health:**

10. All people supported have the right to learn about and understand their medical conditions, records and to participate in all decisions regarding their health.

**Safety:**

11. All people supported have the right to be safe.
12. All people supported have the right to assistance if someone tries to harm them.
13. All people supported have the right to live, work and have fun in places that are safe.

**Community Inclusion / Social Life:**

14. All people supported have the right to own things. Nobody can take these things away.
15. All people supported have the right to choose where and with whom to live.
16. All people supported have the right to work and be paid a fair salary for the work they do.
17. All people supported have the right to choose friends and to have a social life.
18. All people supported have the right to live their life and be a part of their community.
19. All people supported have the right to support needed to live a full and productive life.

[\textsuperscript{1}] General Assembly resolution 3447, Declaration of Rights of Disabled Persons, (9 December 1975)