AHRC New York City recognizes the rights of all people, including those supported by the agency. It is our responsibility, as an agency and as a caring community, to recognize these rights and do all we are able to do to ensure that these rights are protected. In accordance with the UN Declaration of Human Rights¹, AHRC NYC is committed to affirming and upholding the rights of people supported.

**Equality:**

1. All people supported have the same legal and civil rights as anyone else.
2. All people supported will be given the same dignity and respect given to every person, regardless of race, religion, language they speak, age, gender, sexual orientation, ethnic background or health condition(s).
3. All people supported have the right to express their religious beliefs freely.
4. All people supported have the right to advocate for their rights and the rights of others.
5. All people have the right to privacy.

**Personal Growth:**

6. All people supported have the right to talk about what is important to them.
7. All people supported have the right to ask someone to listen to them.
8. All people supported have the right to think what they want and to respectfully express their ideas.
9. All people supported have the right to get help with decision making.
10. All people supported have the right to opportunities for lifelong learning and development of their talents.
11. All people have the right to make choices and the right to change their mind.

**Health:**

12. All people supported have the right to learn about and understand their medical conditions, records and to participate in all decisions regarding their health.

**Safety:**

13. All people supported have the right to be safe.
14. All people supported have the right to assistance if someone tries to harm them.
15. All people supported have the right to live, work and have fun in places that are safe.

**Community Inclusion / Social Life:**

16. All people supported have the right to own things. Nobody can take these things away.
17. All people supported have the right to choose where and with whom to live.
18. All people supported have the right to work and be paid a fair salary for the work they do.
19. All people supported have the right to choose friends and to have a social life.
20. All people supported have the right to live their life and be a part of their community.
21. All people supported have the right to support needed to live a full and productive life.

[¹] General Assembly resolution 3447, Declaration of Rights of Disabled Persons, (9 December 1975)
The following is the process for resolving objections, problems, and grievances to your rights:

1. If you have a problem, objection, grievance or concern, you can go to the program manager. If you are not satisfied, you can go to the supervisor, and then the director of your department, the vice president of your department, the executive vice president/chief program officer or the chief executive officer.

2. In addition, any problems, objections, grievances, or concerns regarding your rights can be directed to the local DDRO, the Regional Director for NYC or the Commissioner of OPWDD.

For your information, the addresses and telephone numbers of people involved that you can contact are listed below:

**AHRC NYC Contacts**

**AHRC NYC Main Office**
83 Maiden Lane, 11th Floor
New York, NY 10038
(212) 780-2500

**AHRC Compliance Hotline**
(212) 780-4485

**OPWDD Contact**

**Regional Director**
(region 4 - NYC and Metropolitan Area)
25 Beaver St
New York, NY 10004
Phone: (718) 217-5894

**DDRO Contacts**

**Queens DDRO:**
80-45 Winchester Boulevard
Administration Building 80-00
Queens Village, NY 11427
Phone: (718) 217-5890
Fax: (718) 217-4724

**Manhattan & Bronx DDRO**
25 Beaver Street,
New York, NY 10038
Phone: (646) 766-3222
or (718) 430-0885
Fax: (646) 766-3484

**Brooklyn DDRO**
888 Fountain Avenue
Brooklyn, NY 11208
Phone: (718) 642-6000
Fax: (718) 642-6282

**Staten Island DDRO**
1150 Forest Hill Road
Staten Island, NY 10314
Phone: (718) 983-5233
Fax: (718) 983-9768